



Co-Curricular & Extra Curricular Activity Participation

Sports Physicals

All students participating in an Aquinas school sponsored team athletic activity must have a **SPORTS PHYSICAL** and meet the following requirements:

- Have an STARS Athletic Participation/Parental Consent/Physical Examination Form completed and signed by a physician. (This form is specifically for sports and specifies the participation level the physician deems appropriate. **School entrance physical forms, PWC athletic forms, or any other physical form that a physician may have in his office will not be accepted.**)
- Must be dated on or after June 1st of the upcoming school year.
- A new sport physical is required at the beginning of each new school year.

Students not meeting requirements

- Students may not practice, exercise, or physically participate in a school-sponsored sport until the required physical form is received in the office.
- Students may sit on the sidelines and receive verbal instruction but at no time participate in the physical aspect of that given sport.

Once a physical is completed and meets the requirements, full participation will be granted.

The sport physical is valid for any sport participated in that given school year.

Under NO circumstance will a form that does not meet the above criteria be accepted.