



Parents in Prayer

Come one, come all.
Jesus is waiting for you.

*How can I become a St. Thomas Aquinas Regional School
Parent in Prayer?*

- Spend a minimum of **15 minutes each week** with Our Lord in our Adoration Chapel.
- Prayer times are available 24/7 during the school year.
- Please fill out your **Prayer Commitment Form** below. Send it in to the school.
- Flex-time is available if you are unable to commit to the same 15 minutes each week — just commit to 15 minutes and come when you can!
- Special time for Moms with Small Children:
Mondays from 9:00—10:00 a.m. and 2:00—3:00 p.m.
- When you arrive in the chapel, please sign in as a visitor.
- Need prayers for a special intention? Write it in the ***Parents in Prayer Intention Book*** at the back of the chapel or contact Sue Connor and have it published in the **Connection**.
- Pray as the Spirit moves you — for marriage, children, family, personal growth in holiness, a deeper understanding of the Eucharist, terrorism, poverty — the need for prayer is endless.
- Please include the intention of the Holy Father and the Aquinas monthly intention in your prayer.
- Give Thanks!! When prayers are answered, please write them in the Thanksgiving section of the ***Parents in Prayer Intention Book***.

Questions? Please contact one of the
Parents in Prayer Co-Chairs:

Diana Mann (703) 730-2243
mann@familink.com

Mary Beth Nolan (703) 583-8680
marybethnolan@hotmail.com

Need prayers and would like them published
in the Connection? Please contact:

Sue Connor (703) 670-6314
scnnr@comcast.net

Prayer Commitment Form

Name: _____

Phone: _____

Best Time for Prayer: _____

Please clip and send back to the school.