



Health Requirements for Students Wishing to Enroll at St. Thomas Aquinas Regional School

Below is an overview of the requirements necessary to register (not apply) at Aquinas. This information is provided so you are aware, in advance, of the physicals and immunizations necessary. All parents are required to submit a copy of your child's immunization record and a completed "Commonwealth of Virginia School Entrance Form (MCH-213)". This form will be included in your registration packet when you are accepted to Aquinas.

All physicals and immunizations must be submitted to the school prior to **August 2, 2010**. Please review each of the requirements carefully to ensure your forms are completed properly.

1. Previous completed physicals **must be dated after August 31, 2009**. All physicals dated prior to this date will require a new physical.
2. If you attended Pre-School, the state requires that the physical be dated one year prior to enrollment into kindergarten so for this year the date would be after August 30, 2009. A new physical is required if dated before this.
3. On the Virginia School Entrance Form, Part I is to be completed by the parent/guardian and signed and dated at the bottom of the form
4. Part II, "Certification of Immunization", needs to be completed by a health care professional (physician, physician's assistant, or nurse practitioner). The immunization requirements are:
 - 3 DPT or DtaP
 - DtaP booster for incoming 6th graders
 - 1 Varicella or documentation that the child has had the chicken pox.
 - 3 Hepatitis B doses
 - 2 MMR (measles, mumps, rubella)
 - 1 Hib
5. Part III, "Comprehensive Physical Examination Report", also needs to be completed by a health care professional and signed and dated at the bottom of the page. As part of this the following screenings must be done:
 - Hearing Screening (If an audiometer is not available in the office please send a note attached to the form stating this. The school nurses will perform the hearing screening with parental consent during our annual health screening.
 - Vision Screening
 - Dental Screening

Separate forms are required if your child requires a medication or an individual health care plan for asthma, diabetes, seizures, or allergies. These forms can be found in the school office, clinic or downloaded from our web site at www.aquinastars.org. These forms must accompany any medications that are brought to school.

If you would like to request a Religious Exemption these forms can be found in the Clinic or in the school office. This form must have a notary stamp to be accepted. No copies of the original form will be accepted.

If your child will be participating in a sport a separate, additional physical form is required. St. Thomas Aquinas Regional School will only accept the STARS Athletic Participation/Parental Consent/Physical Examination form. Aquinas forms are available from the school office, clinic, or downloaded from our web site at www.aquinastars.org. The sport's physical form is just for sports. A school entrance form WILL NOT be accepted as a valid physical for participation in sports.